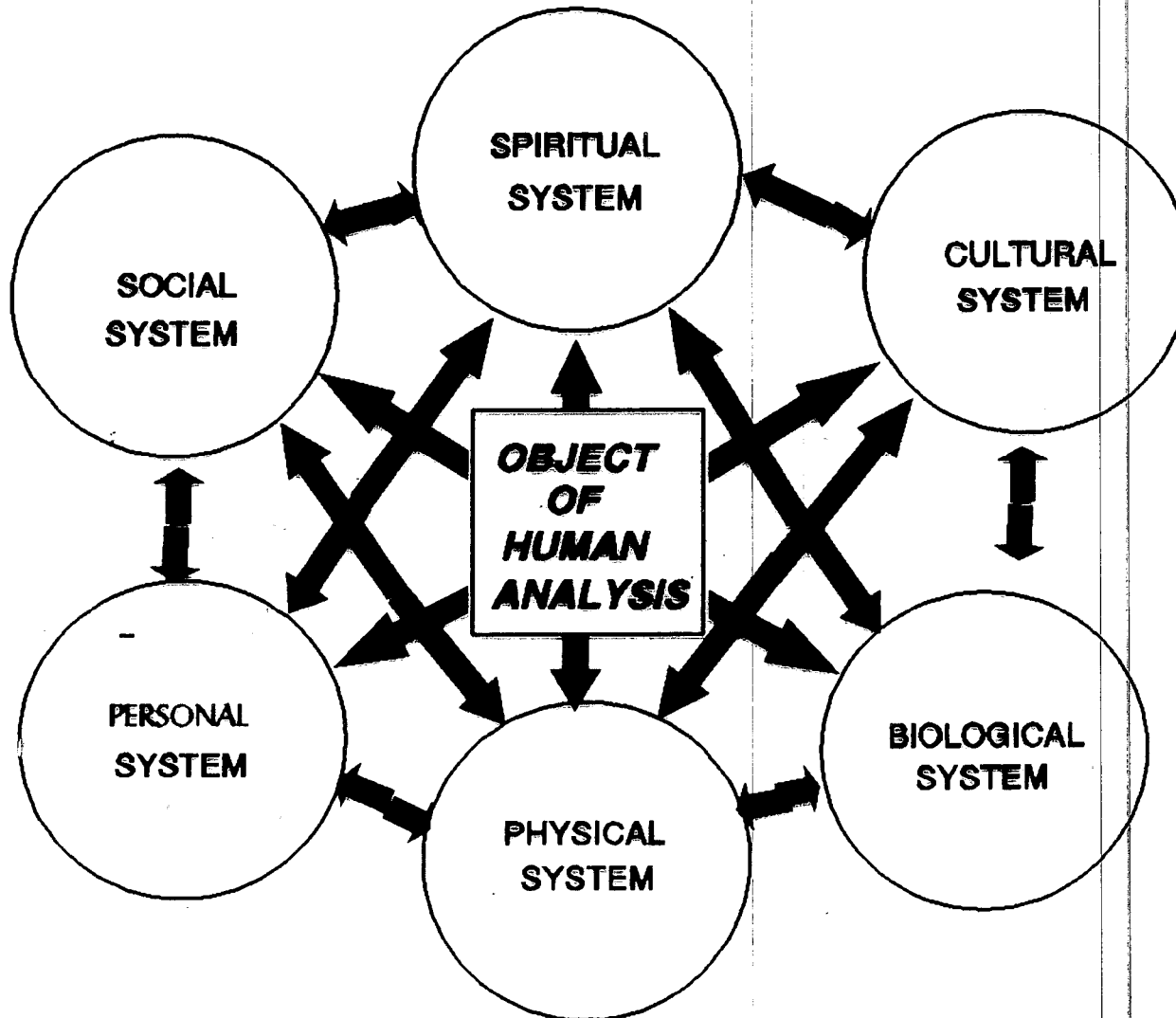


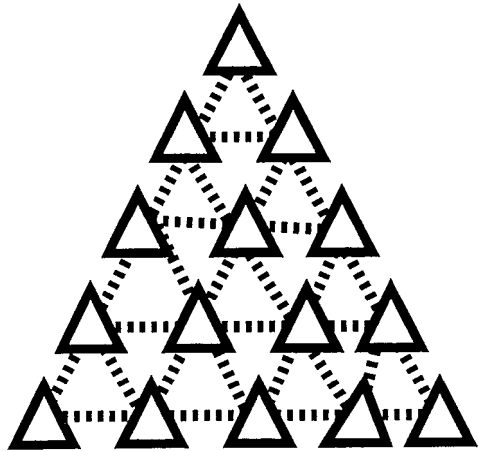
# A Systems Approach to the Study of Humans

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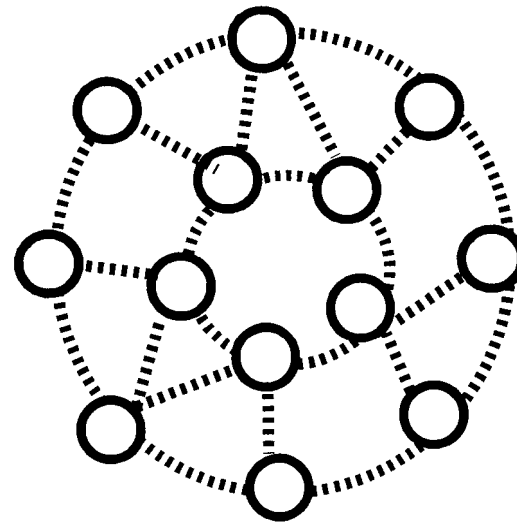


# **CULTURAL DIFFERENCES**

**CULTURE A**



**CULTURE B**



**WE MUST COMMUNICATE  
THE GOSPEL IN THE  
CULTURAL CONTEXTS OF  
THE PEOPLE.**

**WE MUST PLANT THE  
CHURCH IN THE SOCIAL  
CONTEXTS OF THE  
PEOPLE.**

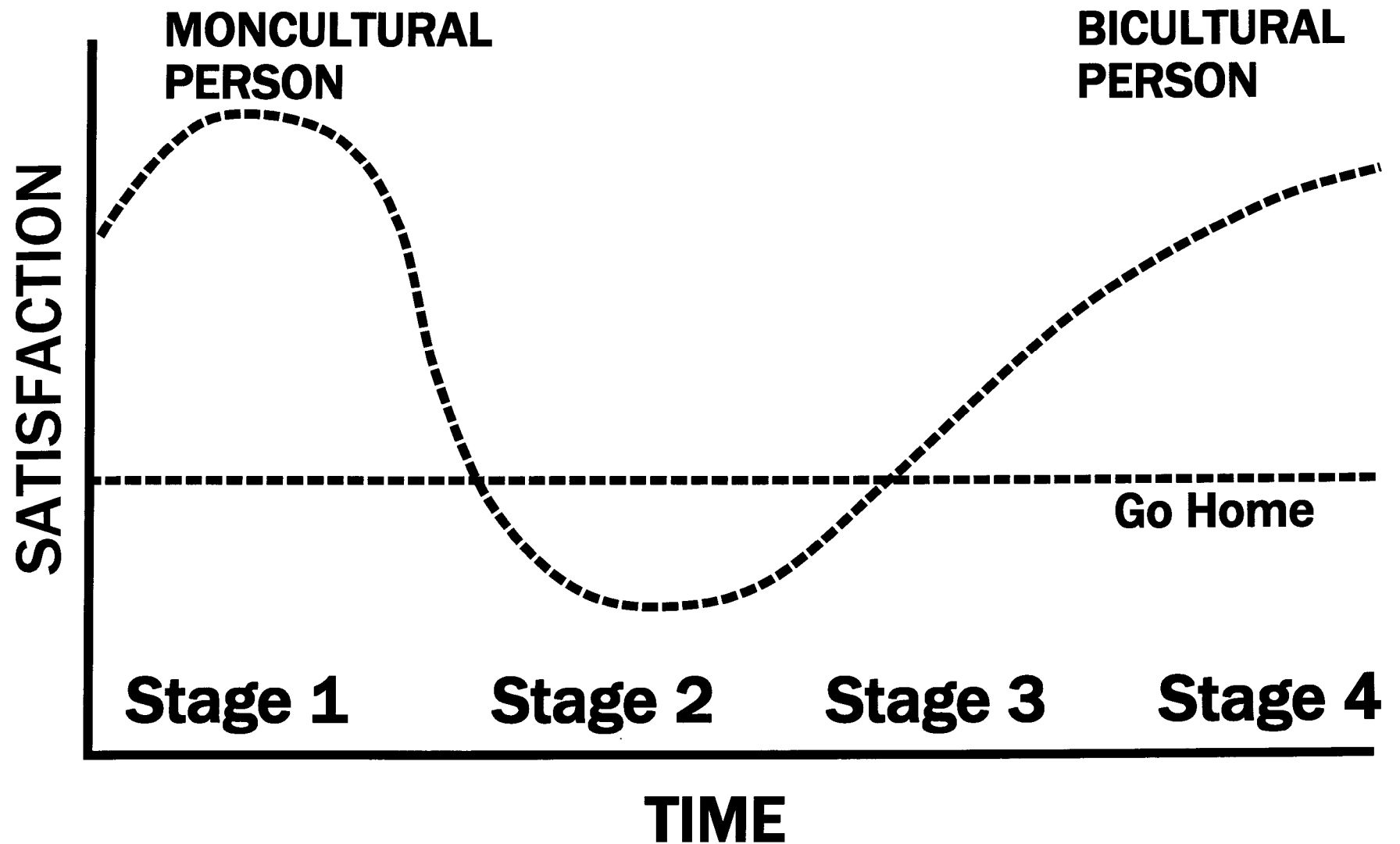
# ***CULTURAL DIFFERENCES AND THE MESSENGER***

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## **1. ENTERING A NEW CULTURE:**

- **culture shock**
- **misunderstandings**
- **ethnocentrism**
- **premature judgments**
- **becoming a bicultural person**

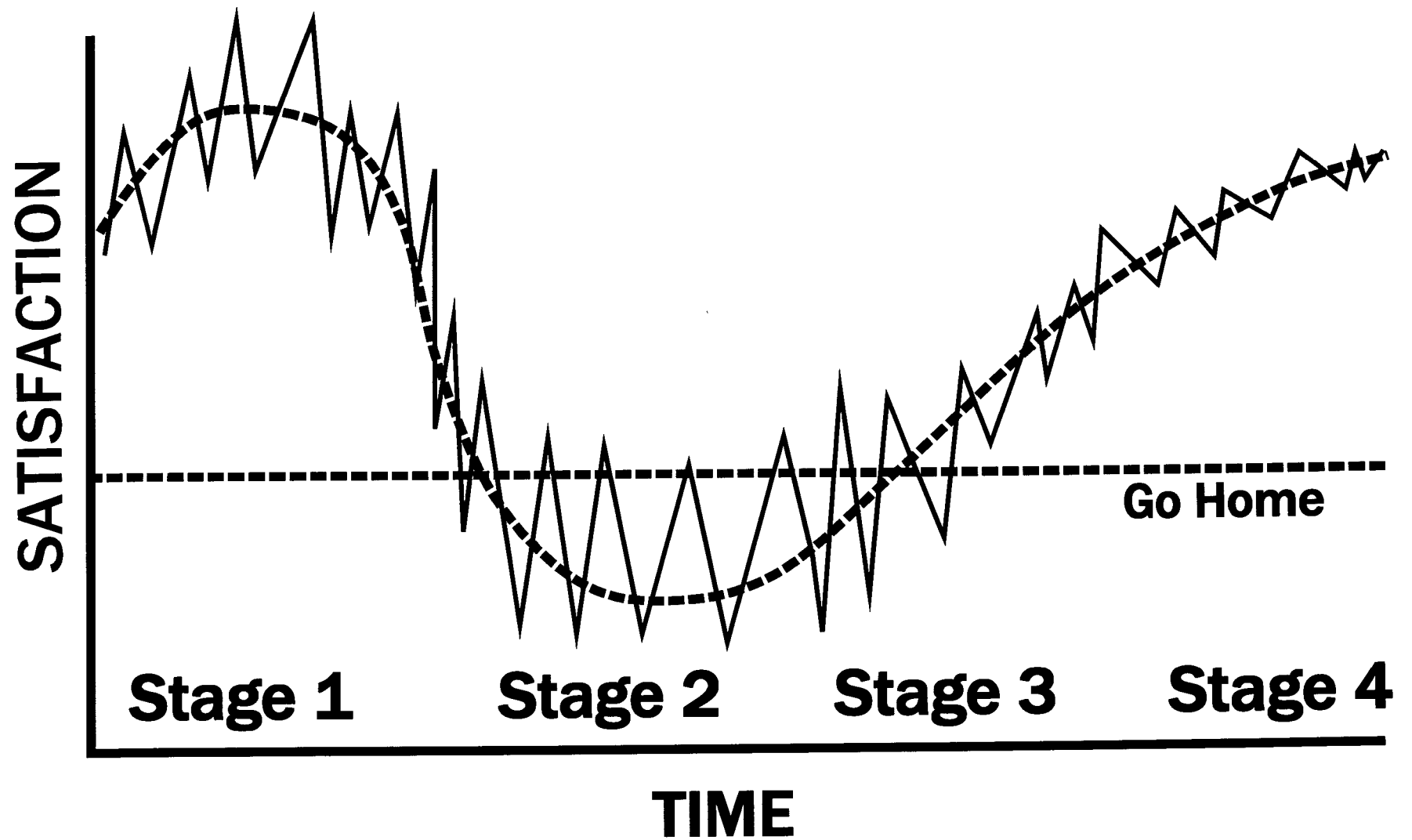
# THE CULTURE SHOCK CYCLE



## TYPES OF CULTURE SHOCK

1. MOVING SHOCK
2. HOSPITAL SHOCK
3. JAIL SHOCK
4. MARRIAGE SHOCK
5. CONVERSION SHOCK
6. RETIREMENT SHOCK
7. CROSS CULTURAL SHOCK

# THE CULTURE SHOCK CYCLE



# **SYMPTOMS OF CULTURE SHOCK**

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***1. RISING STRESS***

***2. PHYSICAL ILLNESS***

***3. PSYCHOLOGICAL AND  
SPIRITUAL DEPRESSION***



# **STRESS POINTS**

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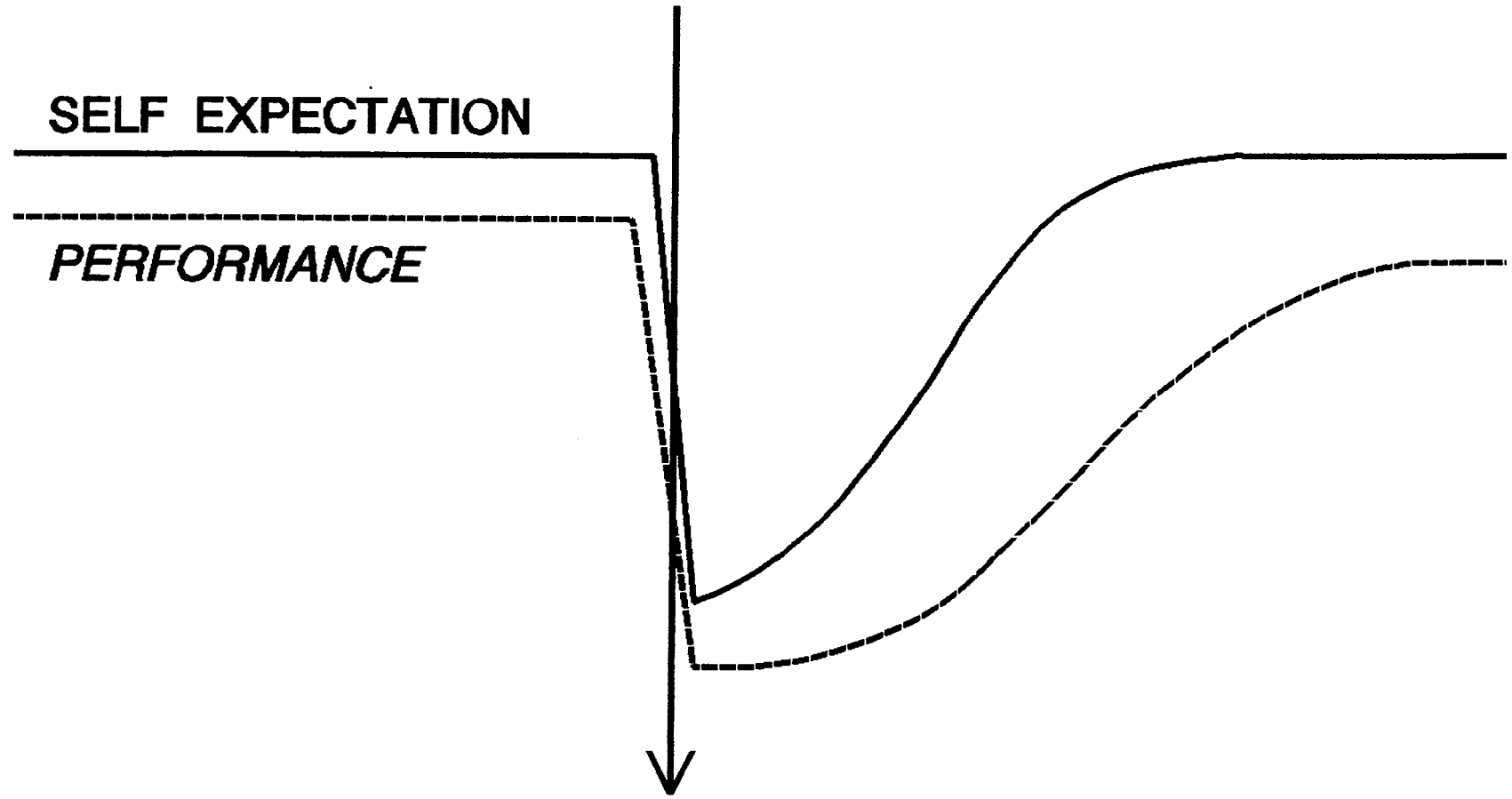
<b>Death of a spouse</b>	<b>100</b>
<b>Personal illness</b>	<b>53</b>
<b>Marriage</b>	<b>50</b>
<b>Retirement</b>	<b>45</b>
<b>Change in family members' health</b>	<b>44</b>
<b>Pregnancy</b>	<b>40</b>
<b>Addition to the family</b>	<b>39</b>
<b>Change in work</b>	<b>29</b>
<b>Change in living conditions</b>	<b>25</b>
<b>Change in residence</b>	<b>20</b>
<b>Change in sleeping habits</b>	<b>18</b>
<b>Moving across cultures</b>	<b>75 ?</b>
<b>Learning a new language</b>	<b>50 ?</b>

**150 - points: 33% chance of illness**  
**150+ points: 50% during the next**  
**300+ points: 80% next two years.**

# STRESS DUE TO UNREALISTIC SELF EXPECTATIONS

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ENTRY INTO  
A NEW CULTURE



SELF EXPECTATION

*PERFORMANCE*

# **STAGES IN CULTURE SHOCK**

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***1. TOURIST***

***2. DISENCHANTMENT***

***3. RESOLUTION***

***4. ADJUSTMENT***

# **DEALING WITH CULTURE SHOCK**

## **1. RECOGNIZE OUR ANXIETIES:**

- we need to be honest with ourselves, and transparent to others.**

## **2. STUDY THE NEW CULTURE:**

- enter as a student**
- bond with the people and their culture**

### **3. BUILD TRUST**

- share ourselves with the people**
- learn to appreciate and show appreciation for their culture**

### **4. DEAL WITH STRESS:**

- set realistic goals**
- don't take ourselves too seriously--laugh at ourselves, be flexible, forgive ourselves, be thankful**
- treat ourselves**

# **REVERSE CULTURE SHOCK**

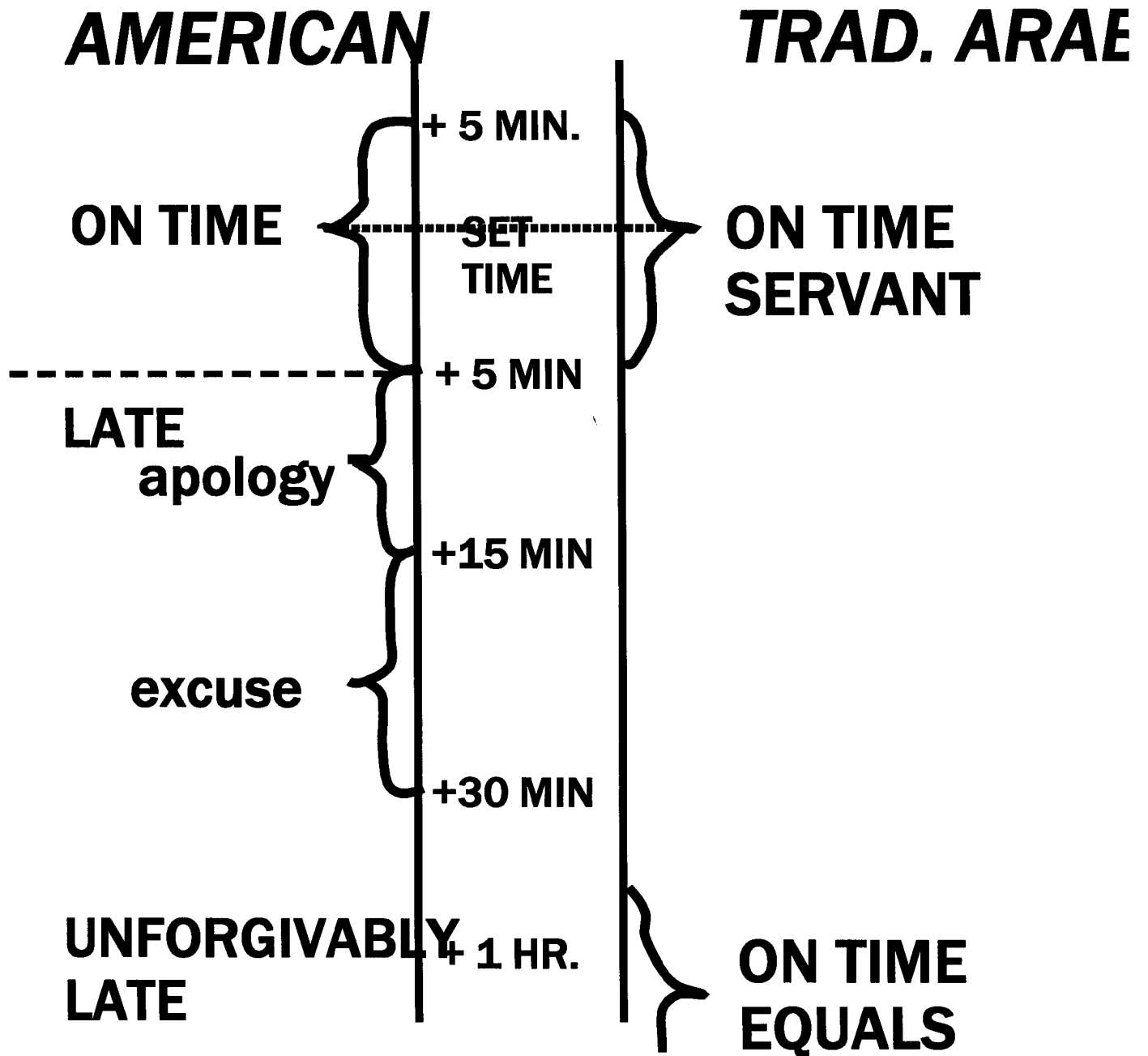
- **things are no longer the same, you have changed**
- **you feel a sense of loss of ‘home’ and of relatives and friends**
- **treat your sending church as a ‘native community’ – be as kind and understanding of it as you were to the people you serve**

# **RETURN CULTURE SHOCK**

**[when you retire or return]**

- **professional shock**
- **financial adjustment**
- **adjusting to retirement**
  
- **treat your sending church as a 'native community' – be as kind and understanding of it as you were to the people you serve**

# DIFFERENT VIEWS OF TIME





***REMEMBER!***

**A CULTURE**

**MAKES SENSE**

**TO ITS PEOPLE**

## ***ETHNOCENTRISM:***

**the attitude that our culture is superior to others.**

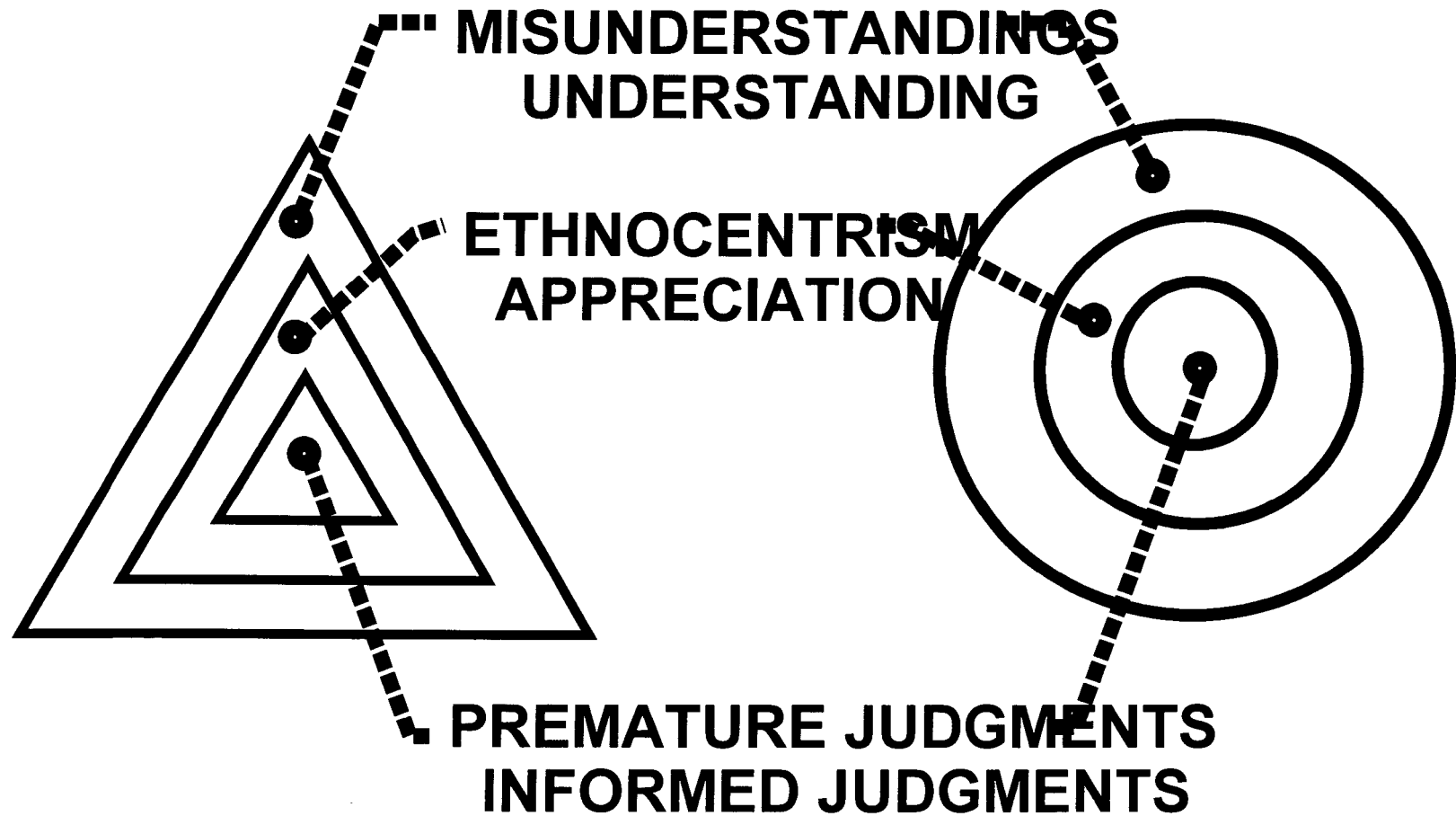
**SCENERY**

**MACHINERY**

**PEOPLE**

**ALICA IWANSKA**

# PREMATURE JUDGEMENTS



# THE BICULTURAL COMMUNITY: THE BRIDGE BETWEEN SOCIETIES

